

# LIVE LAGOM

*How to make the most out of the Scandinavian interiors trend in your own home*

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**M**ake no mistake, the Scandinavian vibe is a trend that is still going strong in interiors right into 2019. From evoking a sense of hygge and cosiness, to embracing the use of greenery and nature in your home, you can be rest assured that there are many

ways to achieve the Scandi tone. And what is even better is that you know your space is going to look great once you have finished, because if anyone gets design right, it's the Scandinavians! It is a trend that has stood the test of time, and we don't see it going anywhere anytime soon.



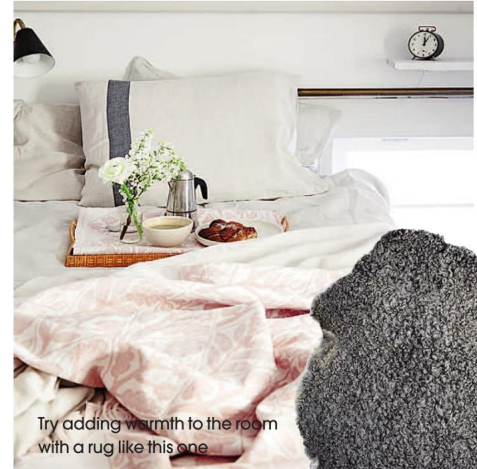
## STRIP IT BACK

Use raw and natural materials to really nail this look. Not only does it allow the space to look more refined and often more luxurious, the use of natural materials adds another level of texture to a room and the tactile element is very calming.



## AU NATURAL

And while we are on the topic of going au natural, adding greenery in the form of plants, herb gardens and fresh flowers is also a sure fire way to make your room look as though it has come out of a high end, design focused Amsterdam apartment. They add colour to a room in a subtle way, but they also aid wellness in the home as well. Plants are proven to absorb harmful chemicals, purify air and regulate humidity, so they are good for your health as well as helping you to stay on trend.



## HAPPY HYGGE

Creating a sense of hygge and lagom in your home is the perfect way to achieve the look. Lagom means finding just the right amount, which is a Scandinavian approach to life and design, while hygge means to evoke feelings of cosiness. Combine just the right amount of warm textures, snug blankets, coffee table books and ceramics and you'll be onto a winner.

## YOUR LOCAL STOCKISTS

### FOREST

This plant store in Deptford Market Yard has everything you need to create a botanical scene in your home. Plus, they stage everything beautifully so it is a great place to head for some interiors inspiration too.

**Deptford Market Yard, Deptford High Street SE8 3NU**

### MADE.COM

For furniture such as clothing rails, made.com has a great range of affordable options that look like they have come straight out of a luxury interiors brochure.

**made.com**

### ROULLIER WHITE

Head to this treasure trove of lifestyle products to find all you could want to create the perfect hygge and lagom atmosphere in your home.

**125 Lordship Lane, East Dulwich SE22 8HU;  
roullierwhite.com**